



SUMMER 2026

Cooking in Spanish: Gastronomy of the Hispanic World Through Language

Do you love trying new dishes? Do you enjoy cooking? Then this course is perfect for you! This summer Instituto Cervantes Los Ángeles invites you on a fascinating cultural and linguistic journey without ever leaving your home. In this course, you will not only explore how to prepare dishes from Spain and Latin America, but you will also learn about their history and cultural background, practice grammar in a contextualized way, and learn colloquial expressions related to food. You will develop your speaking and writing skills through traditional recipes, poetry by renowned Hispanic authors, and more. It is the perfect immersion to spice up your Spanish this summer!



At the end of the course you will be able to...

- Give and follow kitchen instructions
- Master the vocabulary of Hispanic gastronomy
- Appreciate the richness of the linguistic varieties of Spanish
- Use idiomatic expressions naturally
- Discuss the history of iconic dishes from the Hispanic world
- Learn a bit more about literature in Spanish
- Improve your oral and written expression in Spanish

Planned linguistic and cultural resources

- Imperative
- Cooking verbs (*freir, derretir*, etc.)
- Quantities and measurements (*gramos, una pizca*, etc.)



- Culinary dialectal varieties from Spain and Latin America (e.g., *un pelín de sal* in Spain/Venezuela or *un chin de sal* in the Dominican Republic)
- Food-related idiomatic expressions (*dar la vuelta a la tortilla* o *estar en su salsa*, etc.)
- Dishes from the Hispanic world: *paella*, *tortilla de patatas*, *churros con chocolate*, *gazpacho*, *arepas*, and *guacamole*
- Latin American authors through the lens of food: Pablo Neruda

Key Information

- Level: A2-B1
- Length: 10 hours
- Modality: Online
- Dates: August 5, 12, 19 and 26, and September 2
- Schedule: From 6:30 to 8:30 PM
- Fee: \$ 265
- Registration: cursos.losangeles@cervantes.org until July 30